

breakfast menu

LA CART SANDWICHES/WRAPPS

Farmer's A.M. Wrap Up! \$2.95 each
Scrambled eggs, cheddar cheese, bacon, ham or sausage in a flour tortilla

Breakfast Sandwich \$2.95 each
Eggs with bacon, sausage or ham on a biscuit or croissant topped with cheese individually wrapped.
Substitute turkey bacon or turkey sausage \$1.00 extra

Breakfast Tart:
Our Version of Quiche \$22 per tart
Options include: (8-10 slices)

Mediterranean: Egg, feta cheese, spinach & roasted red peppers

American: Egg, cheddar cheese, sausage, ham, bacon, peppers & onions

Egg & Cheese, any way you want!

LA CART ITEMS

Scrambled Eggs \$2.95 per person
Plain or Cheddar Cheese

Western Scramble \$3.95 per person
Eggs blended with smoked ham, potatoes, sautéed sweet onion and green pepper and cheddar cheese

Mediterranean Scramble \$3.95 per person
eggs blended with roasted potatoes, fresh spinach, feta cheese, roasted red peppers and sun dried tomatoes

Shrimp and Grits \$6.95 per person
breakfast portion of shrimp in our low country gravy and local stone ground grits

2 Bacon crisp slices, per person \$2.00 per person
2 Sausage patties, per person \$2.00 per person

Turkey Sausage or Turkey Bacon \$2.25 per person
2 Turkey sausage patties, per person.

Hash Brown Potato Casserole \$18 per pan
Potatoes, green peppers, onions and cheddar cheese

French Toast Casserole \$18 per pan
Apples, raisins, cream cheese and maple syrup

BEVERAGES

Seattle's Best Fresh-Brewed Coffee \$14.00 per air pot
Seattle's Best coffee, regular or decaf, 10-12 cups per air pot and the following:

Equal Splenda
Flavored Creamers Sugar
Sweet & Low Half & Half

Disposable Coffee Box \$15.00 each

House Roast, Columbian coffee, Regular or Decaf
15 cups per box and the following:

Equal Splenda
Flavored Creamers Sugar
Sweet & Low Half & Half

Tea Service \$14.00 per air pot

Assortment of teas, air pot of hot water
12 cups per air pot and the following:

Sugar Splenda
Fresh Sliced Lemons Equal
Sweet & Low Half and Half

Iced Tea \$5.00 per gallon

sweet or unsweet fresh brewed iced tea delivered with ice and cups. Sliced lemons are \$1.00 extra

Canned Sodas, Juices & Water \$1.00 each

Your choice from the following, or we'll send an assortment.

Coke Sprite Pepsi
Diet Coke Diet Pepsi

Orange Juice - 1/2 gallon or 1 gallon \$4.00 or \$7.50

Bottled Juice (10 oz.) \$1.25 each

Served chilled. Your choice from the following tropicana juices, or we'll send an assortment.

Orange Apple Cranberry

Bottled Water Served chilled. \$1.00 each



www.dishanddesign.com



Following are examples of the types of events we specialize in catering:

Business Working Meals

Personal Parties

Showers

Corporate Receptions

Banquets

Rehearsal Dinners

Special Event Planning
& Coordination

Wedding Receptions

Our event coordinators will assist you in designing a menu and event to your specifications. Call for a free quote and learn how a professional caterer can exceed your expectations.

As always, we strive to do our best and accommodate any request, even if it is at the last minute. To ensure availability and timely delivery, we request that you place your order at least one day prior to the event. We will always confirm orders left on voice mail, faxed, or emailed. If you did not receive a confirmation, we did not receive your order. Cancellation fees may apply to certain orders canceled with less than 24 hour notice.

We accept Visa, Master Card, & American Express. Prices exclude sales tax & may vary. Menu subject to change without notice. If you should have any food allergies or sensitivities, please ask our coordinator for a complete listing of ingredients.



www.dishanddesign.com | 843.971.6701

629 Johnnie Dodds Blvd, Ste 5 • Mt. Pleasant, SC 29464



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For nearly twenty years Dish and Design Catering has been the perfect choice for all your catering needs. Our experienced event coordinators will ensure your event is precisely as you envisioned it. From a casual business luncheon to the most extravagant once in a life time event Dish and Design Catering will guarantee a quality and memorable experience.



breakfast menu

Continental Choice \$5.95 per person
Bakery fresh muffins, bagels, danish, doughnuts, croissants, plus orange juice, fresh-sliced fruit tray and condiments. 10 guest minimum

Euro-Continental Breakfast \$7.95 per person
European-style assortment of freshly baked croissants, danish, artisan breads, sliced smoked ham, gruyere cheese, condiments, jellies. 10 guest minimum

Bagel Tray \$1.95 per guest
Assorted bagels with cream cheese, jelly & butter.

Assorted Breakfast Tray \$3.95 per guest
Bakery-fresh muffins, bagels, danish, croissants or doughnuts plus butter, jelly and cream cheese. One and a half per guest

Whole Fruit \$1.00 each
Apples, oranges and bananas
(Ask about other seasonal options)

Yogurt \$1.50 each
Assorted flavors in individual containers

Build-Your-Own Yogurt Bar \$6.95 per person
Guests can build their own yogurt parfait with yogurt, granola, dried cranberries, raisins and fresh strawberries. Paired with assorted muffins and orange juice. 10 guest minimum

Yogurt Parfait Only \$3.50 per person

The Grab & Go \$6.95 per guest
Individually wrapped breakfast sandwiches and wraps, assorted pastries, sliced fresh fruit and orange juice.

The A.M. Deluxe \$7.95 per guest
Choice of breakfast tart, hash brown casserole, assorted pastries, sliced fresh fruit and orange juice.

The Traditional \$8.95 per guest
Scrambled Eggs, bacon & sausage patties, grits or hash brown potato casserole, sliced fresh fruit and orange juice. Add fresh biscuits \$1.00

Pancake Bar \$7.95 per guest
Fluffy Buttermilk Pancakes, Scrambled Eggs, Bacon, sliced fresh fruit and orange juice.

Oatmeal Bar \$5.95 per person
Freshly made oatmeal served with an assortment of toppings, sliced fresh fruit and orange juice

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lunch menu

WRAPS AND SANDWICHES

Buffet Style Set up \$8.95 per person
Served with chips, assorted cookies, ice tea and/or lemonade with ice & setups.
Upgrade it! Choose any side & upgraded dessert bars for an additional \$9.95

WRAPS (all wraps served on a variety of fresh wraps)

Smoked Turkey and Bacon - Smoked turkey, grilled bacon, provolone cheese, sliced green apple, lettuce and cranberry mayo.

Spicy Thai Chicken - Grilled Chicken Strips drizzled with a zesty sweet chili sauce, mixed Asian greens, julienne vegetables in ginger sesame glaze.
Add Sautéed shrimp \$2 additional

Sweet and Spicy Buffalo Chicken - Chicken strips glazed with a honey spiked hot sauce, lettuce, tomato, crunchy celery and ranch dressing.

BBQ Pork - Homemade roasted and shredded BBQ pork served with a spicy horseradish cole slaw

Zesty Mex - Marinated chicken, rice, black beans, sautéed peppers and onions, lettuce, tomato, salsa and sour cream.

Chicken Caesar - Grilled chicken breast, lettuce, tomato with parmesan cheese and Caesar dressing.

Greek Chicken - Sliced chicken breast, artichokes, olives, feta cheese, lettuce, tomato in a light vinaigrette.

Pesto Chicken - Fresh pesto tossed chicken breast with parmesan cheese, lettuce and tomato.

Veggie - Grilled vegetables, cucumbers, feta cheese, lettuce, tomatoes with a balsamic mayo.

SANDWICHES (all sandwiches served with on fresh gourmet bread)

Turkey and Brie Cheese - Smoked turkey, imported brie, lettuce, tomato and a cranberry mayonnaise.

Chicken Panino - Grilled chicken breast, provolone cheese, sun-dried tomato and fresh basil.

Chicken Salad Croissant - Roasted Chicken tossed with Pecans, fresh celery house made dressing with lettuce and tomato.

Ham & Smoked Gouda - Smoked ham, smoked gouda cheese, lettuce, tomato and Dijon mustard on Pretzel Roll.

Tuna Sorrento - Albacore tuna salad, leaf lettuce, tomato and alfalfa sprouts.

Roast Beef - Choice roast beef with cheddar cheese, lettuce, tomato, red onion, and a creamy horseradish mayo

Gluten Sensitive Sandwich - Your Choice of meat w/ lettuce, vine- ripened tomato, cheese, on Gluten Free Bread with chips and UDI's Gluten Free Snickerdoodle Cookie or fruit cup (Box Lunch only \$ 11.95)

Deluxe Deli Platter - Choice of smoked turkey, baked ham and roast beef. Served with assorted breads and buns, sliced cheese, lettuce, tomatoes, pickles, alfalfa sprouts, onions, mayonnaise and mustard. (May be ordered as pre-made sandwiches.)

Chicken, Tuna, Seafood and/Egg Salad - Served with lettuce, tomato, and alfalfa sprouts. (May be ordered as pre-made sandwiches.)

Box Lunches - Individual lunches, each packed in its own box. Choice of wrap or sandwich with Chips, cookie and Ice Tea/ Lemonade. (Fruit or pasta salad may be added for an additional \$1.00 per lunch.)



side, salads & such

INDIVIDUAL BOX LUNCH SALADS \$9.95

Included cookie and choice of beverage and roll w/butter.

Energizer - Field greens and spinach, kale, grilled chicken breast, carrots, edamame, toasted almonds, goat cheese w/ balsamic vinaigrette

Tex Mex - Field greens, black beans, corn, cheddar cheese, seasoned grilled chicken breast pico de gallo w/ cilantro-lemon vinaigrette

Cobb - Field greens and romaine, avocado, bacon, turkey, blue cheese, tomatoes w/ ranch dressing

COLD SIDES

Broccoli Salad
Dill Potato Salad
Bleu Cheese Cole Slaw
Mixed Field Greens Salad
Tomato, Cucumber & Feta Salad
Black Bean & Corn Salad
Tex-Mex Tossed Salad

HOT SIDES

Steamed Vegetable Medley
Steamed Rice
Grilled Fresh Asparagus
Brown Rice
Sweet Potato Casserole
Cranberry Wild Rice
Herb Roasted Potatoes
Scalloped Potatoes
Roasted Sweet Potatoes
Macaroni & Cheese
Steamed Fresh Broccoli
Garlic Mashed Potatoes
Green Beans Almondine

BUFFET STYLE SALAD \$11.95

Serves up to (10 ppl) each tray served with your choice of Fresh Fruit or Pasta Salad, individual wrapped crackers, cookie or dessert bars, Ice Tea and / or Lemonade.

Pecan Chicken - Field greens, diced celery, craisins, mandarin oranges, blue cheese, sliced pecan encrusted chicken breast w/ balsamic vinaigrette

Caesar - Romaine lettuce, grilled chicken breast, grated parmesan, and house made croutons, caesar dressing Substitute grilled salmon or shrimp; \$3 additional

Greek - Romaine lettuce, vine-ripened tomatoes, feta cheese, pepperoncini, red onions, grilled chicken breast, Kalamata Olives w/ Greek vinaigrette dressing. Substitute grilled salmon or shrimp: \$3 additional

Veggie Chickpea - Romaine lettuce, chickpeas, roasted red peppers, feta, fresh cucumber w/lemon dressing,



entrees

DELUXE HOT ENTREES

Served with a Garden, Greek Salad or Caesar Salad, Assorted Cookies, Ice Tea and / or Lemonade with Ice and Setups.
Upgrade It! Choose any side & upgraded dessert bars for an additional \$1.00 per person

\$9.95 Entrees

Baked Chicken with Penne Pasta - Grilled sliced chicken breast, housemade marinara sauce, penne pasta & topped with mozzarella and parmesan cheeses.

Roasted Chicken - Your choice of rotisserie, Jamaican jerk, lemon pepper, orange honey rosemary or BBQ. Served with roasted potatoes.

Lasagna Bolognese - Layers of Italian sausage, ground beef, ricotta, mozzarella and parmesan cheese with our homemade sauce. Vegetarian lasagna available.

Fried Chicken - Traditional Southern fried chicken in our in house seasoned breading. Served with Macaroni and Cheese.

\$10.95 Entrees

Kabobs - Shrimp, beef and/or chicken with assorted fresh vegetables. Skewered and grilled with a sweet teriyaki sauce. Served with rice.

Rosemary & Fig Glazed Roast Pork Loin - Roasted tender & Juicy Pork Loin w/ rosemary and fig glaze. Served with Roasted or Mashed Potatoes or yellow rice

Chicken Marsala - Lightly dusted boneless breast sautéed in a Marsala wine mushroom sauce. Served with linguine or mashed potatoes.

Chicken Piccata - Pan-seared boneless breast in a lemon caper sauce. Garnished with fresh tomato and served with linguini or rice pilaf.

\$11.95 Entrees

Spicy Shrimp and Grits - Shrimp, andouille sausage, peppers, onions and fresh tomatoes served on top of creamy stone ground grits. Served in our creamy special sauce.

Pecan Crusted Chicken - Boneless chicken breast lightly breaded with local pecans, topped with a Dijon cream sauce & served with cranberry wild rice.

\$13.95 Entrees

Baked Salmon Filets - Served with wild rice, garlic wilted spinach and topped with a lemon butter.

Maryland Style Crab Cakes - Authentic style served with wild rice.

BUILD YOUR OWN SANDWICHES/ ENTRÉE BAR

\$9.95 Sandwiches

Chicken Breast Assortment - Grilled chicken breasts with BBQ, Jamaican jerk, teriyaki or honey mustard sauce plus a 'chick-fil-a' style breast. Served with all the sandwich condiments and buns, also with pasta salad and fresh fruit.

Pulled Pork and Chicken - Slow roasted pork and/or chicken, pulled and served with a traditional sweet BBQ sauce or mustard BBQ sauce. Served with buns, potato salad and Cole slaw.

Reuben - Warm thinly sliced corned beef, swiss cheese and sauerkraut with rye bread and 1000 island dressing. Served with pasta salad and garden salad.

Sloppy Joe - The traditional comfort food favorite. Ground beef with our special sauce, buns and pickles. Served with potato and garden salad.

Baked Potato Bar - Served with all the fixins' including your choice of grilled chicken strips or chili with garden, Greek or Caesar salads.

\$10.95 Entrees

Mexican Fiesta - Seasoned beef and /or chicken breast strips sautéed with onions and green peppers, served with shredded lettuce, cheddar cheese, diced tomatoes, salsa, sour cream and tortillas. Served with black beans & rice and tortilla chips. Add fresh guacamole \$ 1.99 pp

Summertime Buffet -Jumbo hot dogs, ¼ pound pub burgers, all the picnic condiments with potato salad and fresh fruit.

Greek Feast - Gyros meat, lemon-herb roasted chicken breasts, with tzatziki sauce, fresh pitas, Mediterranean salad and oven roasted potatoes.



sweet treats

DESSERTS

Double Chocolate Brownies \$18.00 dozen

Strawberry Pecan Bars \$18.00 dozen

Lemon Bars \$18.00 dozen

Dream Bars \$18.00 dozen
Coconut/pecans/chocolate with a graham cracker crust

Seasonal Fruit Pies \$18.00 each

Fruit Cobblers (Peach/ Apple / Cherry) \$22.00 each

New York Style Cheese Cake with Fruit Compote \$4.00 per slice

Assorted Cakes by the Slice \$2.75 - \$ 3.75 per slice
Check for availability



Assorted Dessert Platter \$20.00 dozen

Seasonal Berry Cheese Cake \$4.00 slice

Angel Food Cake w/ Sugared Strawberries \$3.50 each

COOKIE TRAY ASSORTMENT

Chocolate Chip Cookies \$20.00 dozen

Fresh-Baked Large Gourmet Cookies \$2.15 each
Chocolate chip, oatmeal raisin, white chocolate, craisin, peanut butter

Special Cookie Assortment \$2.50 per guest
An assortment of homemade favorites including chocolate chip, classic sugar, oatmeal raisin, peanut butter cookies. (1½ per guest)

